

IOWA HAWKEYE



NEWSLETTER of the IOWA SOCIETY OF MAYFLOWER DESCENDANTS

Vol. 35, No. 2

Fall, 2019

[Iowa Mayflower Society](#)

COMPACT DAY MEETING SATURDAY, NOVEMBER 2, 2019 THE MACHINE SHED RESTAURANT 11151 Hickman Rd, Urbandale, Iowa.

10 A.M. Board of Assistants meeting
11 A.M. Business meeting
NOON - Dinner \$20 includes gratuities
Turkey Dinner
Coffee, Milk, Water, Soft Drinks

PROGRAM
History of Iowa State Capitol Building
Tour representative with PowerPoint
Des Moines, Iowa

GUESTS ARE WELCOME

RESERVATIONS are needed.
Please contact **Linda Cassman-Randall**
(319) 215-0360 • lindaellen4765@gmail.com
before **October 25** and leave message.

IOWA MAYFLOWER SOCIETY GOVERNOR

Greetings from your Governor,

As our Mayflower family here in Iowa is growing, I am pleading for members to step up and take a larger part in our state society. Those of us on our Board of Assistants are from age 61 to 90. We need to start looking for members to learn more about our Iowa Society. I depend on former Governors of our state and board members who have been member for years.

A Board of Assistant member has 4 meetings a year, the first Saturday morning in March, the first Saturday in May before the Annual meeting, the third Saturday morning in August and the first Saturday in November before the Compact meeting. I keep the meetings in the greater Des Moines area because of the distance some of us need to travel for meetings.

At our meeting last May, several members offered to help. Somehow the list was misplaced. If you are one of the people on that list, please let me know. I can be reached on my cell at 319-215-0360 or email at lindaellen4765@gmail.com. We are always looking for programs of interest and if you have an idea for one, please let me know.

Linda Cassman-Randall
Governor

**Iowa Mayflower Society Officers
2017-2020**

Deputy Governor General Daniel F. Wiechmann, Jr.	Assistant General Kenneth R. Callison, Sr	Governor Linda E. Cassmann-Randall	Deputy Governor John S. Butler
Recording Secretary Barbara J. Gregersen	Corresponding Secretary Iris C. Eriksen	Treasurer Danielle L. Knutson	Historian Pamela J. Manning
Assistant Historian Ruth M. Tucker	Captain Thomas R. Jacobson	Elder William C. Nichols	Surgeon Barbara Clayton, RN
	Counselor Bernadine McGuire	Governor Emeritus Maureen D. Wilson	

IOWA MAYFLOWER SOCIETY MINUTES

Governor Linda Cassmann-Randall called to order the Iowa Mayflower Society Board of Assistants meeting on 4 May 2019 at 10 a.m. at The Machine Shed, Urbandale, Iowa. In attendance were: Governor General Dr. George Garmandy, Deputy Governor General Daniel Wiechmann, Assistant General Kenneth R. Callison, Governor Linda Cassmann-Randall, Deputy Governor John Butler, Corresponding Secretary Iris Eriksen, Historian Pam Manning, Captain Tom Jacobsen, Elder Bill Nichols, Surgeon Barbara Clayton, Governor Emeritus Maureen Wilson, and Tech Consultant Gerald Graves.

Captain Tom Jacobsen led the Pledge to Allegiance, and Elder Bill Nichols gave the prayer. Dan Wiechmann made a motion to accept the minutes as printed in the 2019 Spring Newsletter, seconded by Pam Manning, and motion carried. Historian Pam Manning gave her report, which was accepted. The next Board of Assistants meeting will be on 24 August 2019 at the Bonanza in Des Moines at 10 a.m.

Governor Cassman-Randall introduced Governor General Dr. George Garmandy. He presented the tentative outline of events to be held in or around Plymouth during Congress September 2020. (See detailed information on the GSMD website <https://www.themayflowersociety.org/society-business/2020-schedule>. You will need to sign in as a member.)

- 12 September 2020 - 400th Anniversary Commemoration will begin with a Mayflower II Gala to be held at Provincetown
- 13 September 2020 - Signing Ceremony of the Compact will be held and a limited number will be able to board the Mayflower II. A wreath will be laid at Provincetown Harbor in honor of those who died and never made it to Plymouth settlement.
- 14 September 2020 – Meet at the Park Plaza Hotel in Boston, change in to 16th century grab and perform a Pilgrim’s Progress from Boston Commons to the State Legislature of the Boston Capitol, with a reception to follow. The pencil written Pilgrim Compact will be on display.
- 15 September 2020 - GSMD Congress begins at Plymouth
- 16 September 2020 - Morning church services at Plymouth Plantation – Naturalization service held
- 17 September 2020 - Meeting House ceremony to transfer deed to GSMD
- 18 September 2020 – Gala ball will be held followed by election of new officers.
- 19 September 2020 – Meeting of Family Society members will be held

Badges of members will be swiped during Registration under the guidance of Homeland Security. We could possibly see Native American Indian Protest during the event, regarding loss of land. Governor General suggested using Park and Ride’s for transportation.

The business meeting was adjourned at 11 a.m.

Barbara Clayton, Surgeon
Secretary ProTem

Governor Linda Cassman-Randall called to order the 2019 Annual meeting of the General Society of Mayflower Descendants in Iowa on Saturday, 4 May 2019 at The Machine Shed, Urbandale, Iowa, using a Gavel courtesy of Governor General Dr. George Garmandy.

Captain Tom Jacobsen led the Pledge of Allegiance. Elder Bill Nichols gave the Invocation.

Governor General Dr. George Garmandy was introduced. Thanks were given to John Butler for picking up our special guest at the airport May 3, 2019. Governor General Garmandy discussed history regarding the Master of the Mayflower, who is buried at the Mayflower birthing site in England.

Self- introductions were made by members and guests.

Governor Linda Cassman-Randall presented Treasurer's report. The report was filed for audit.

Dan Wiechmann and Maureen Wilson are both celebrating recent birthdays. Governor General Dr. George Garmandy presented a biography about Maureen Wilson's life. Maureen was born 1929 in Manchester, Iowa. She is a member of the Ancient & Honorable Artillery Society and the General Society of Mayflower Descendants. She has held the office of Governor of the Iowa Mayflower Society. Maureen is a descendant of eight Mayflower Passengers. She spoke to the membership following Governor General Garmandy's presentation and was quite thankful for all she has experienced in her life and will be having a birthday celebration with her family tomorrow.

Minutes of the last meeting are in the last newsletter. Assistant Governor Ken Callison moved to accept the minutes, and Jeff Grimes seconded, motion passed. Historian Pam Manning had no report.

John Butler announced the Iowa Mayflower Society Scholarship winner, Tiffany York, who will pursue a LPN program following the completion of her current CNA Program at DMACC. She could not be present as she was attending a clinical. John Butler explained about how the Scholarships are awarded. Her grandmother accepted the award and thanked the Iowa Mayflower Society for awarding the scholarship to her granddaughter.

Elder Bill Nichols gave the Necrology report.

Governor Cassman-Randall spoke about the need for members taking responsibility as an officer of the Iowa Mayflower Society. She stated that the youngest officer on the Board of Assistants is Barbara Clayton, 61, and the oldest officer is Maureen Wilson, 90. Governor General Garmandy spoke about the need to serve. He stated that his first job with the Mayflower Society was as Captain, and "look where I am today." Following The Governor General's call to service, Elder Bill Nichols gave the blessing for our noon meal.

The meeting was recessed for lunch.

The meeting reconvened at 1 p.m.

Governor Cassman-Randall introduced Robert "Bob" Fischer, who shared that in the parking lot was a 1969 – 50th Anniversary Roadster, which he had driven to Des Moines, Iowa. Governor General Garmandy told of the Plymouth Chrysler Company giving employees the option several years ago to purchase a Mayflower ship model for \$5.00. Mr. Fischer has one on display at the back of the room. The Chrysler Plymouth Company was named after the city of Plymouth, Massachusetts, and is located in Plymouth, Mass. to this day. Governor General said the old hubcaps had the Mayflower ship embossed on them.

Tom Jacobsen, Captain, read the roll call of descendants of the Mayflower after the reading of the Mayflower Compact.

John Alden 3	Francis Eaton 2	Joseph Rogers 3
John Billington 3	Edward Fuller 4	Thomas Rogers 2
William Bradford 2	Samuel Fuller. son of Edward	George Soule 7
Love Brewster 1	Fuller 1	Elizabeth Tilley 2
William Brewster 3	Dr. Samuel Fuller 1	John Tilley 2
James Chilton 1	Constance Hopkins 2	Joan Rogers Hurst Tilley 1
Francis Cooke 1	Elizabeth Fisher Hopkins 1	Richard Warren 5
John Cooke 1	Stephen Hopkins 6	William White 1
Edward Doty 1	John Howland 4	
	William Mullins 2	

Stephen Hopkins had the most descendants in attendance.

Asst. General Ken Callison with the aid of Dr. Garmandy, showed a map of Iowa depicting the largest number of Iowa Mayflower members residing in or near Des Moines, Iowa.

John Butler introduced Governor General Dr. George Garmandy. He spoke about upcoming ideas/events to coincide with Mayflower 2020. Some ideas are a possible stamp series, much like the one done for the last solar eclipse. He will be on the 2020 GSMD float in the Rose Bowl Parade in Pasadena, California. He spoke about the

need for repairs on the newly acquired Meeting House and caring for the stained glass windows that represented the Pilgrim's leaving Leiden, Holland, for the New World. The Tiffany stained glass windows are estimated to be worth more than the church. Dr. Garmandy discussed the sale of the Trunnel Nails in 2017 and beyond to generate funds to repair the Mayflower II.

Governor Cassman-Randall closed the meeting with Governor General's Gavel.

Elder Bill Nichols gave the closing benediction and the meeting was adjourned at 2:15 p.m.

Barbara Clayton, Surgeon
Secretary Pro-tem

The Iowa Society of Mayflower Descendants Board of Assistants met on August 24, 2019 at the Bonanza Steakhouse in Des Moines IA. Governor Linda Cassman-Randall called the meeting to order at 10:10 a.m.

Those attending the board meeting were: Deputy Governor General Daniel F. Wiechmann, Jr., Governor Linda Cassmann-Randall, Recording Secretary Barb Gregersen, Deputy Governor John Butler, Captain Tom Jacobson, Maureen Wilson, Governor Emeritus, and Gerald Graves, Tech Consultant. A quorum was not present so no official actions were taken.

The Pledge of Allegiance was lead by Captain Tom Jacobson.

Invocation was given by D.D. G. Daniel F. Wiechmann, Jr. It included a blessing on the meal that would follow the meeting.

Secretary's Minutes

No minutes have been received from Barb Clayton for the May Board of Assistants and Annual meetings held on 4 May 2019.

Treasurer's Report- The Treasurer's report was accepted and filed for review.

Historian's Report - No written report – Assistant Historian Ruth Tucker informed Linda that there are 387 members

Jr. Membership Report - Jr. Membership Chair Ruth Tucker informed Linda that there are 262 Junior Members.

The Iowa Society received a "thank you" letter for their hospitality on the weekend of the May 2019 meeting from Governor General George P. Garmany, Jr. MD.

Scholarship- The topic for the 2020 Scholarship – "Describe the relationships between the Native populations and our Mayflower ancestors." It was also suggested that \$1000 be awarded for the 2020 scholarship and then revisit the monetary award for the 2021 scholarship.

Linda purchased a 2020 wall calendar that commemorates the 400th anniversary. She suggested that willing members pay \$2 for the chance to win the calendar during the November Compact meeting. The money will be donated to the scholarship fund. Gerald Graves will purchase 5 calendars at \$20 each at the Denver CO meeting. Members can purchase one of those calendars for \$20 at the November Compact meeting.

The following names were suggested for the Nominating Committee: John Butler – Chairman, Pam Manning, Iris Eriksen and Barb Gregersen.

The following people present stated that they would continue in their office: AG –Daniel Wiechmann, Jr., Governor – Linda Cassmann-Randall, Deputy Governor – John Butler, Recording Secretary – Barb Gregersen, Captain – Tom Jacobson, Web page – Gerald Graves.

Present officers needing to be contacted about their willingness to stay another term:

Elder – Bill Nichols Treasurer – Danielle Knutson Counselor – Bernadine McGuire
Corresponding Secretary – Iris Eriksen

Officers needed: Surgeon, Assistant Historian, Junior Membership Chairman, and Newsletter Editor

Tech Consultant - Gerald Graves requested permission to publicize the Iowa Genealogical Society's October meeting on our website. He received our permission.

The next meeting will be at 10:00 a.m. on November 2, 2019, at the Machine Shed in Urbandale. The Compact meeting will follow. The Machine Shed will provide a turkey meal. The person who runs the tours of the Iowa State Capitol will present the program. A PowerPoint will be part of the program.

The meeting was adjourned at 11:35 a.m.

Barb Gregersen
Recording Secretary

APPROVED APPLICATIONS since the 2019 Spring Newsletter

Descendants of John Alden

G# 95461 IA# 1567

Anna Maria WRAGE KAYSER
Des Moines, Iowa

G# 95565 IA# 1568

Shirley Dean BRANDSER
Des Moines, Iowa

Descendants of Isaac Allerton

G# 95582 IA# 1569

Maureen Ann JENNESS LEE
Bloomfield, Nebraska

Descendants of John Billington

G# 95106 IA# 1559

Linda LaVerne WYMAN
Golden, Colorado

G# 95187 IA# 1561

Brian Joy RIDLER
Woodward, Iowa

Descendants of William Bradford

G# 94948 IA# 1555

Bruce Alan SIMONSEN
Pleasanton, California

Descendants of William Brewster

G# 95081 IA# 1557

Lloyd Michael THOMPSON
Boise, Idaho

G# 95082 IA# 1558

Elected 1 May 2019
Kristan Louise THOMPSON WYMOND
Boise, Idaho

Descendants of Francis Cooke

G# 95150 IA# 1560

Vickie Lee EDWARDS HENRICHSEN
Sioux City, Iowa

G# 95302 IA# 1562

Gloria Jean YODER
Wellman, Iowa

G# 95395 IA# 1566

Leanne Michelle COFFMAN LEWIS
Lebanon, Tennessee

Descendants of Edward Fuller

G# 95328 IA# 1563

Patricia Louise FULLER-BLOECHL
Muscatine, Iowa

Descendants of Priscilla Mullins

G# 95861 IA# 1571

Susan Jo VOSS
Norwalk, Iowa

Descendants of George Soule

G# 95350 IA# 1564

Lynn Alan PETERSON
Kansas City, Missouri

G# 95349 IA# 1565

Lyle Edwin PETERSON
St. George, Kansas

Descendants of Elizabeth Tilley

G# 95608 IA# 1570

Deborah Ann OELRICH SEGEBART
Indianola, Iowa

Descendants of Richard Warren

G# 95030 IA# 1556

Judy Ann DENNIS STUMBO
Boone, Iowa

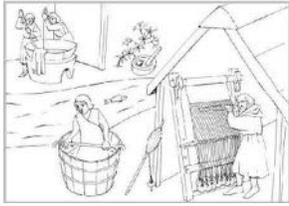
IOWA MAYFLOWER SOCIETY IS A TAX EXEMPT ORGANIZATION

As of December 9, 2014, the Iowa Society of Mayflower Descendants has been determined by the Internal Revenue Service to be tax exempt under Section 501(c)(3) of the Internal Revenue Code. **This means that donors to the Iowa Society Scholarship Fund can deduct their contributions on their tax returns.**

If you would like to make a donation to the Iowa Society Scholarship Fund, please make your check payable to "Iowa Society of Mayflower Descendants" with *Scholarship* in the *Memo* space, and send it to Danielle Knutson, Treasurer, 18473 Co. Hwy. D65, Hubbard, IA 50122-8401.

Cooking 101 In the 1600s

When our Pilgrim ancestors left England for Holland in 1608, they were eager for changes that would allow them to worship in the manner that they had practiced for fifty years. When they arrived in Holland, they were able to worship in the open, but they had to adjust to other changes. Housing and work was scarce and the language was very different. The English immigrant children had to work to help support their families. Some of



A fuller made wool oil-free for dyeing

the children worked as fullers for wool weavers. The fuller would press the wool into tubs of stale urine with their feet so that the fibers would be cleaned of oil and debris from the freshly sheared fleece. This method also enabled dyes to set into the woven fibers.

Some children were fortunate enough to have jobs making ribbons, lace or working at bakeries to make pancakes called pannekoeken. Dutch homes did not have ovens, so bread-baking was done by bakeries in town. Homes had fireplaces which gave warmth, light and a place for cooking hodgepodge, hutspot in

Dutch, using inexpensive cuts of meats for soups and stews. The young girls most likely shared their newly-acquired baking talents and would treat the family to sugary pannekoeken made over the fire. In his book, Strangers and Pilgrims, Travellers and Sojourners, Jeremy Bangs describes how a thick wool cloth would hang along the mantel. This cloth may have been used to direct the smoke from the fireplace away from the room and up the chimney. The fireplace was certainly the heart of the home and most likely how the familiar term, hearth and home originated.



The Pancake Bakery by Pieter Aertsen

After living in Holland for about ten years, our Pilgrim ancestors, also known as English Separatists, now wanted to leave the Dutch lifestyle in Holland for a life in America. This next move meant more sacrifices and a very long voyage on the cargo ship named Mayflower. Passengers were not allowed to cook. The open fire in the 50-year old wooden ship made cooking dangerous, meals had to be cooked by the ship's cook for the ship's crew. Since most of the 66- days on the Atlantic were terribly rough, most passengers lost their appetites anyway (and more).

The Pilgrims and strangers fed their families the foods that they had packed for the voyage. They dined on moldy cheeses, salty meats, dried fish and ship's biscuits. Hundreds of biscuits were baked, stacked and packed before they sailed. These simple, dry biscuits only consisted of flour and water. If you have sampled a ship's biscuit, you realized why the Mayflower passengers ate them willingly. They are hard, yet somehow tasty! Bake some this summer to share at your Thanksgiving dinner. They will keep until the holiday in a tightly covered container. After all, they kept for months in 1620!

In December of 1620, the Pilgrims declared Plymouth as their permanent colony and began building structures for their families, beginning with four walls and a roof, but by the end of the year, houses were becoming homes. The very first structures in Plymouth Colony had only a fire pit inside with an opening for the smoke to hopefully escape. When fireplaces were added, they were constructed large enough to nearly make up an entire wall. Cooking was one of the most important functions of the home. Sometimes large sections of trees were dragged into the home to fuel the fire because once the fire was lit, the family needed it to stay lit. Cooking was a day-long activity and the coals kept them warm throughout the night.



Initially, a green tree limb was used as a lug pole and was supported well above the fire for heavy metal pots to hang. One of the pots was always filled with hot water and another with soups or stews. A single hanging pot might have been strictly used for puddings.

Pilgrim cooks referred to foods eaten with a spoon as spoon meats. In England, some spoon meats had been made with flour in a cloth bag and the name for it was hasty pudding. Since no wheat was grown in Plymouth, the cooks made a pudding with corn flour because the Wampanoag had taught them to successfully grow corn. Hasty pudding made with cornmeal was re-named Indian Pudding and it is still enjoyed today. Families brought heavy cooking pots from England and Holland. A bake kettle was made by placing hot coals from the fire under the kettle and on its lid, allowing the experienced cook to simmer the food slowly or quickly, depending on the amount of coals used.

Since the Pilgrims and English colonists had very little experience at hunting, trapping or fishing, they were very frustrated to see so many animals roaming the woods and swimming in the stream. Until they learned techniques of trapping fish and wild game from the Wampanoag, the colonists traded fresh meats for knives, beads or blankets. Without meat, the English were forced to eat vegetarian with a diet of herbs (salads) and roots (carrots and potatoes). To make the vegetable stews tasty, they would add spices such as pepper, ginger and cinnamon and then color this hodgepodge with juice from beets or flower petals. The ship's biscuits, which had sustained the colonists on the Mayflower, would be crumbled into soups or stews to thicken the sauces of the spoon meats.

Having survived a severe drought and near starvation the first year, the Pilgrims and English settlers slowly began to thrive and the population was growing with each ship that brought family members and newcomers from England. Thanks to the Wampanoag, they were getting better at fishing and hunting. They even learned to enjoy the commonplace lobster, eel, fowl and venison. Wild animals were a source of food to feed a crowd. The gridiron was used to quickly grill portions of meat while a spit was used for larger sections of meat. A spit was fashioned from a green wooden stick or a metal rod. Some cooks devised a pulley and rope to turn the spit. The cook would turn the meat several times which would tighten the rope. When released, the meat would rotate, cooking all of its sides. Other times, responsible children who took turns at spit duty to assure that the meat did not burn.

When cattle were brought to Plymouth from England, milk was initially accepted as a use for butter or to make cakes and puddings but not for drinking! For the most part, beer was the beverage preferred by the family, including the children.

Since there were no shops in Plymouth as there had been in England and Holland, they had to grow and prepare their own vegetables. Vegetable seeds were brought on the Mayflower and by settlers or later ships. The Wampanoag taught the colonists to plant their bean and squash seeds at the base of the corn. As the corn stalks grew, the beans climbed and wound around the stalks while the squash provided a ground cover of shade that helped the soil retain moisture. This was a very clever thing the Wampanoag taught the English colonists and is referred to as the 'Three Sisters Method' of gardening. We have since discovered that beans add nitrogen to the soil, a nutrient which the corn depletes as it grows, making this a very beneficial combination of crops.

Hunting and fishing certainly created challenges in preparing the catch of the day. While the female Plymouth colonists were planting and weeding their gardens, they were thinking about food. They were sharing ideas and even recipes for the fresh meats while selecting herbs for flavoring the soup meats simmering in their fireplaces.

The cooks of today wander through stores, pondering what to select for dinner and how to prepare it. They also share recipes and even select herbs to flavor soups that will be simmering over the fire on the tops of modern cooktops. However, if today's cook cannot think of a proper meal for the night, thoughts turn to a nearby drive-through for a fast food meal to unwrap and serve. The Pilgrims' only fast foods would have been berries, nuts, vegetables ... or ship's biscuits.

Sources: <http://mayflowerhistory.com/cooking> <http://www.plimoth.org/learn/just-kids/homework-help/whats-dinner> Stink Alley by Jamie Gilson Strangers and Pilgrims, Travellers and Sojourners by Jeremy Bangs - pages 305-310

JUNIOR MEMBERS added since 2019 Winter newsletter

JR#	NAME	SPONSOR	MF ANCESTOR
1305	HACKETT, Bristol Grayce	MANNING, Pamela J. IA# 1262, Gr-Aunt	Francis Cooke
1306	HACKETT, Ansley Louise "Lulu"	MANNING, Pamela J. IA# 1262, Gr-Aunt	Francis Cooke
1307	PRICE, Mason James	MANNING, Pamela J. IA# 1262, Gr-Aunt	Wm. Bradford
1308	PRICE, Tera Lynn	MANNING, Pamela J. IA# 1262, Gr-Aunt	Eliz. Tilley Howland
1309	STUMBO, Graci Ann	STUMBO, Judy Ann IA# 1556, Gr-Grandmother	Francis Cooke
1310	WENTZLER, Walter David	MANNING, Pamela J. IA# 1262, Gr-Aunt	Wm. Bradford
1311	WENTZLER, Lucille Kate "Lucy"	MANNING, Pamela J., IA# 1262, Gr-Aunt	Eliz Tilley Howland
1312	HACKETT, Kai Dylan	MANNING, Pamela J. IA# 1262Gr-Aunt	George Soule
1313	DIEMER, Eliza Marie Eline	STUMBO, Judy Ann IA# 1556 Gr-Grandmother	Francis Cooke

If your junior member's family has an email address, please send it to us and we will send him/her copies of this newsletter! Please help keep our records up to date and save a little money!

Ruth M.F. Tucker
339 Lawrence St.
Evansdale IA 50707-1231



IOWA SOCIETY HAVE
MAYFLOWER DESCENDANTS
Address Correction requested.

400th YEAR COMMEMORATIVE MAYFLOWER SHIRT

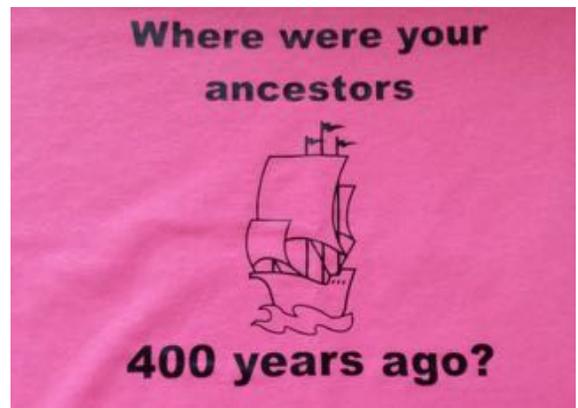
Profit from these shirts goes to the Scholarship Fund.

Orders are still being taken for these tee shirts or hoodies to be delivered at the COMPACT DAY Meeting November 2, 2019. They come in **Mayflower Hot Pink** or **Gray** with **black lettering**. Payment is requested at time of ordering. Contact Linda Cassman-Randall (319) 215-0360 • lindaellen4765@gmail.com



FRONT

Tee shirts - Sizes S,M, XL - \$15; 2XL & up - \$17
Hoodie sweatshirt - \$30



BACK VIEW

COMPACT DAY MEETING 2 NOVEMBER 2019

See Page 1